

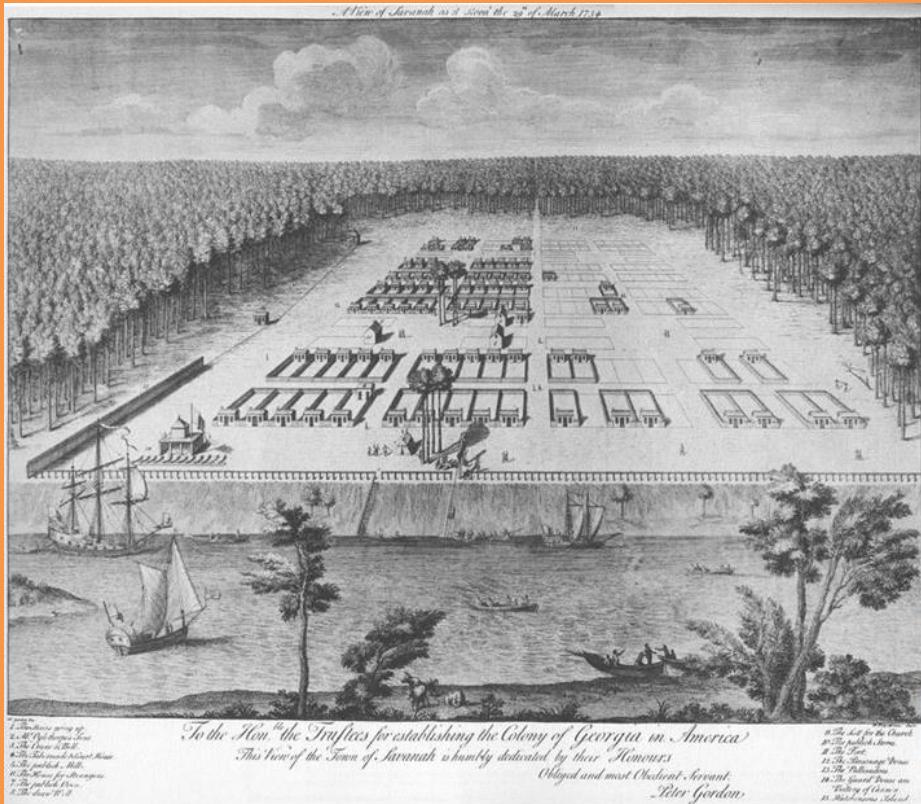


Healthy Savannah

Connect • Inspire • Grow

www.healthysavannah.org



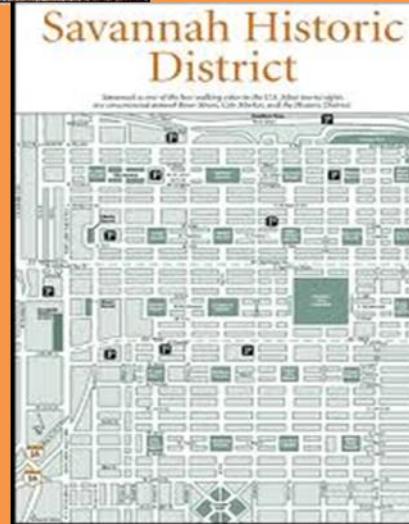


Georgia's First City!

Est. 1733



Savannah's First City Planner



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What Makes Us Healthy



What We Spend On Being Healthy



Data courtesy of the Boston Foundation and the New England Healthcare Institute

January 1, 2011



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Chatham County Inactivity Cost Calculator



Currently Chatham County has a 29% Obesity Rate:

Physical inactivity is costing our community \$1,518 per person per year. This equates to over \$325 Million annually: - \$88M in Medical Costs; nearly \$1 million in Workers Comp and \$235 M in Lost Productivity



Data source: Transport Studio, LLC

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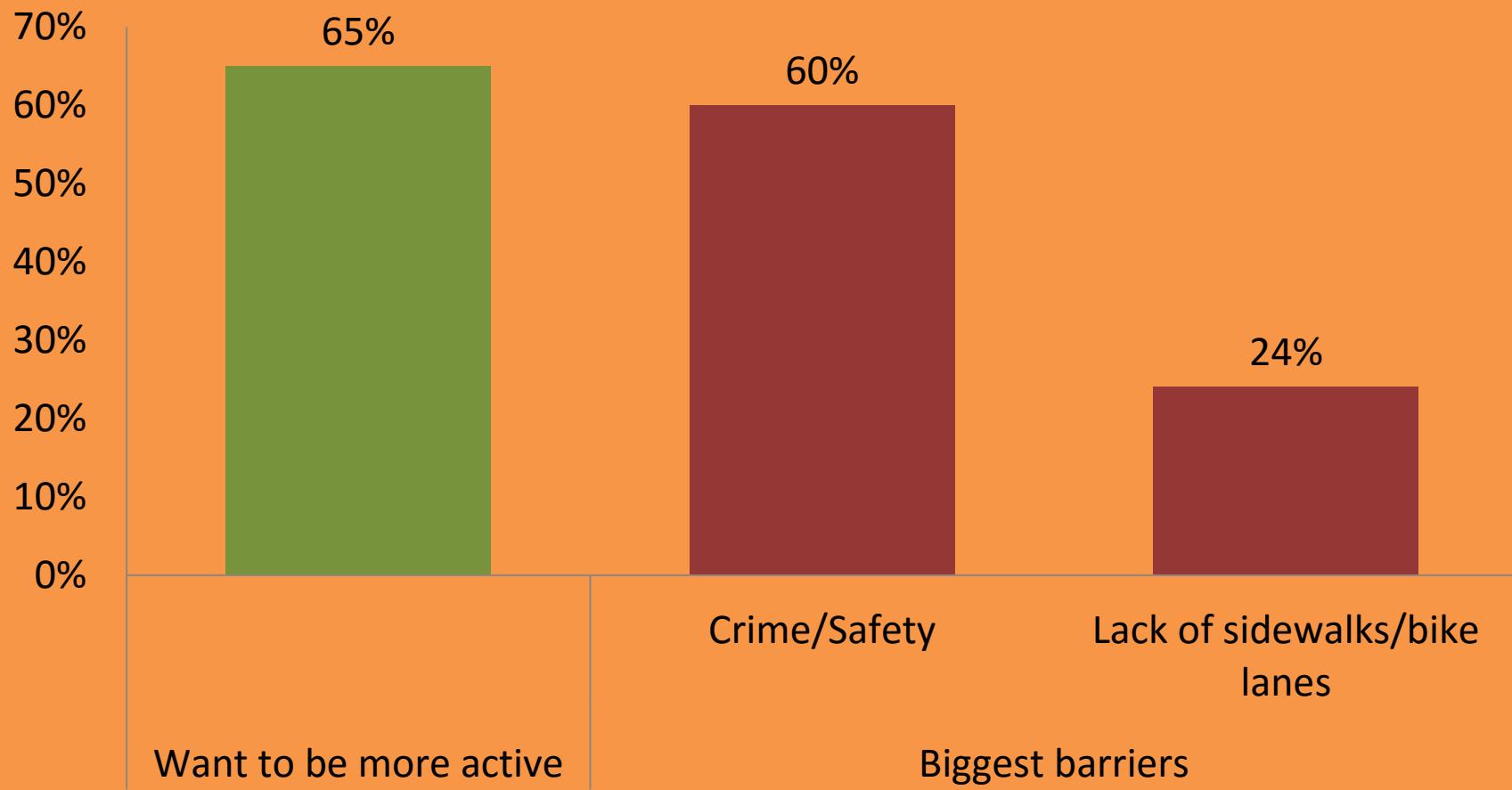


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Activity of children/families

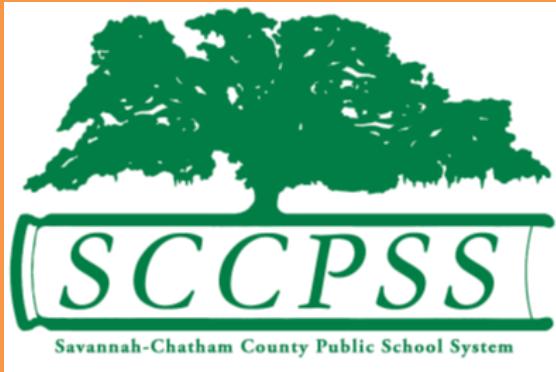


PLAN4Health

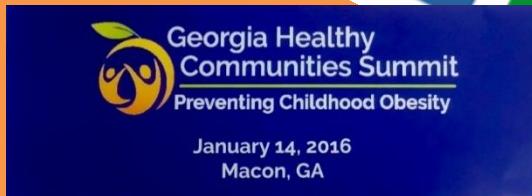
An American Planning and American Public Health Association Project

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PLAN4Health
An American Planning Association Project

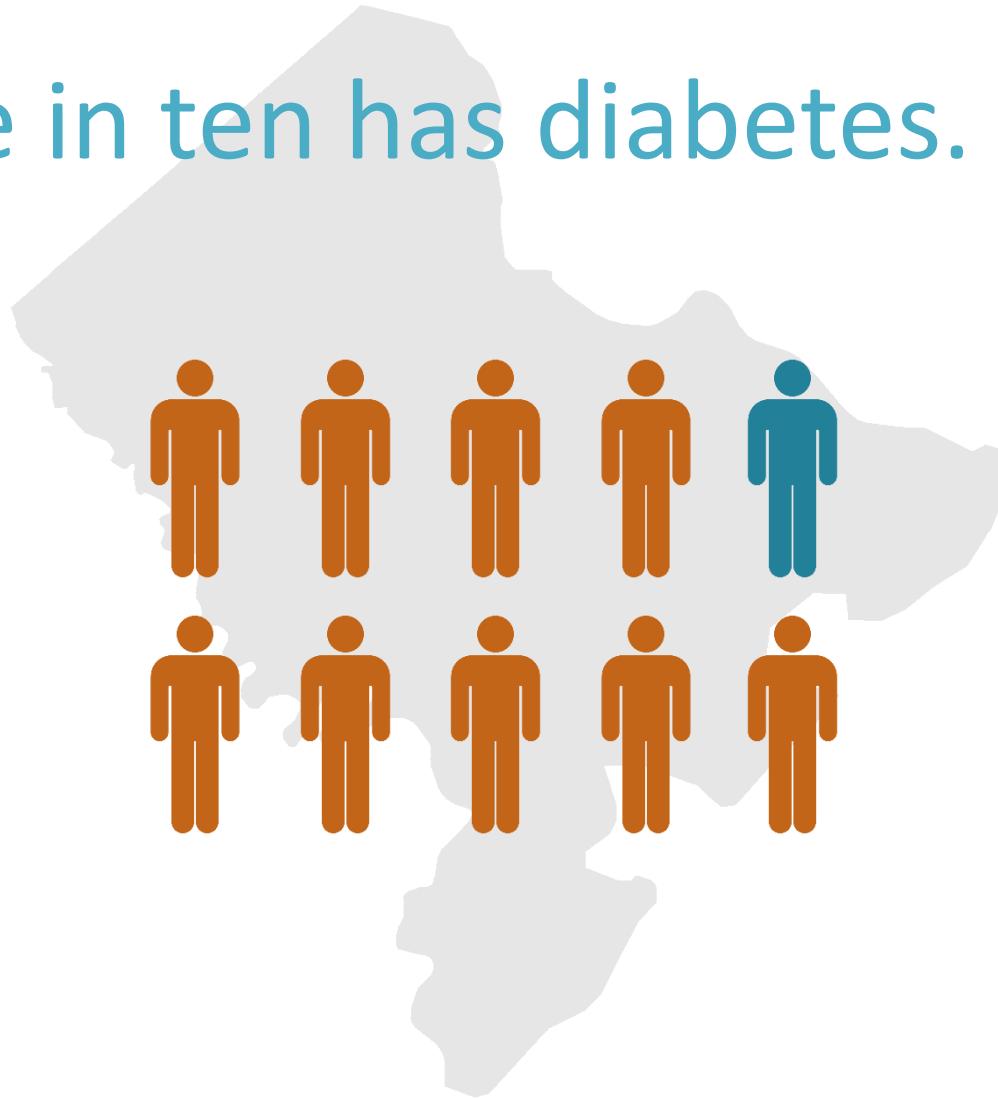


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One in ten has diabetes.



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Image source: Transport Studio, LLC



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Death Rate due to Diabetes more than three times higher
for African Americans than for white residents

Image source: Transport Studio, LLC

One child in three is
overweight or obese.





Access to healthy food

Nearly 30,000 low income Savannah residents are over a mile from a grocer.

Data source: Transport Studio, LLC

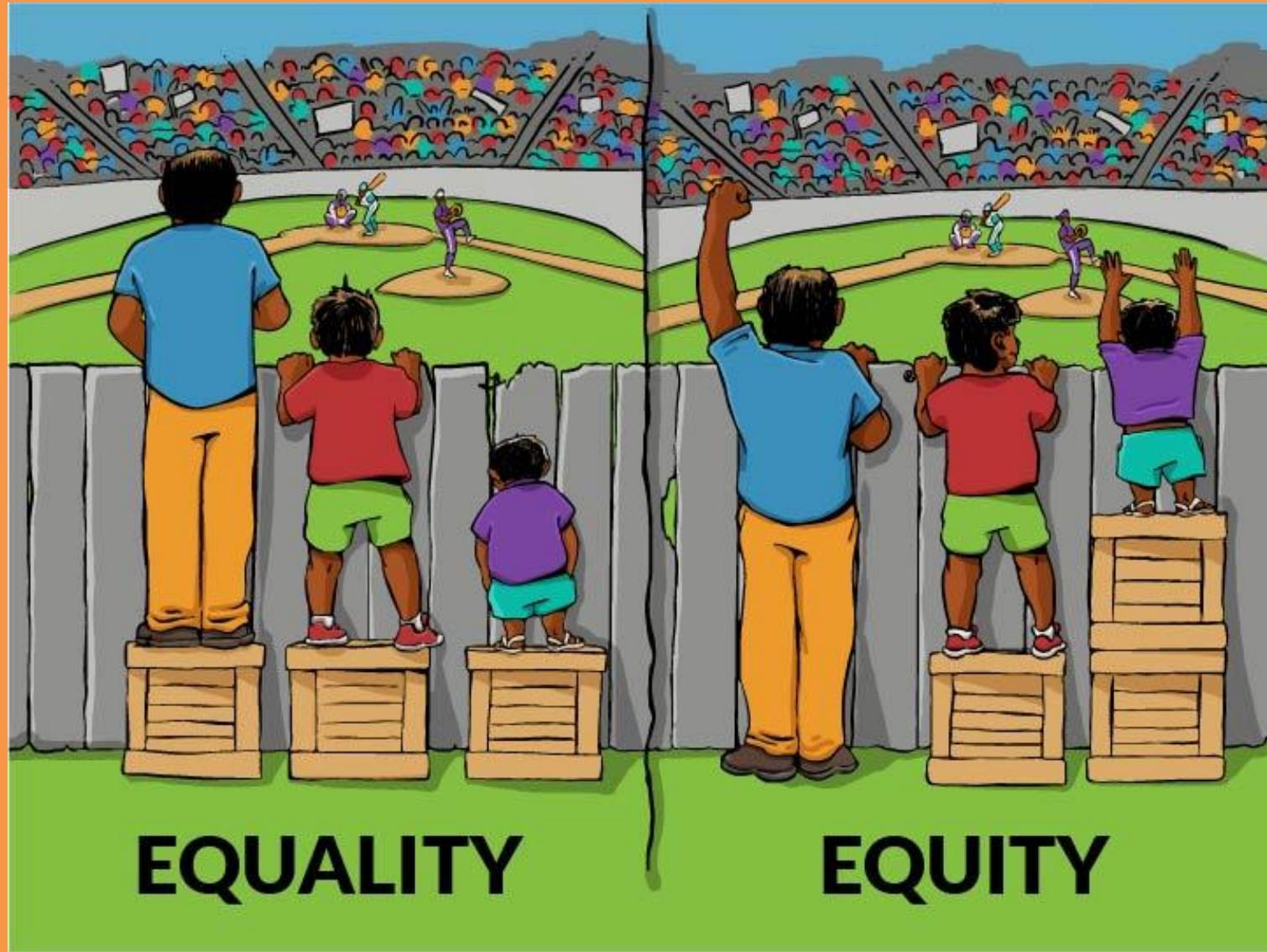


Image source: IISC interactioninstitute.org

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EQUALITY

EQUITY

Image source: Interaction Institute for Social Change

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Access to healthy choices

- Policy change to promote health
 - Complete Streets
 - Mixed use zones
 - Residential zones
 - Food retail
 - Food service in schools and hospitals
 - Healthy Meeting Guidelines



Image source: noun project

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HEALTHIEST CITIES & COUNTIES CHALLENGE



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INVEST HEALTH



ONGOING CALL TO ACTION: PLANNING & CREATING A CULTURE OF HEALTH

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Thank you

lizann@me.com

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